

UWHA November 2009 Minutes

Attendance:

Jasmine Zia (President/IM), Jacob Joseph (VP/Rehab Med), Anand Jain (Secretary/Anes), Maya Narayanan (IM), Tristan Osborn (IM), Sarah Hale (Famed), Mindy Stern (SW)

Wellness Committee

Mindy Stern, Director of Resident and Fellow Wellness from GME, informed us of what programs and resources she had available to all UWMC residents and fellows and their partners as follows:

- Free, confidential mental health/counseling service (at times referred to from the resident's or fellow's program director)
- Working on organizing more social functions for all residents and fellows, with group rates
- Support groups, "Finding Meaning in Medicine"
- Childcare support
- Financial planning
- Website with resources available including list of local recommended lawyers for contract negotiation and local physicians with ability for day of appointments
- Please see link on GME website
- Mindy Stern's contact information:

♣ 206 543-6408

♣ mindywho@uw.edu

- Microwave replaced in Crow's Nest, donated by UWHA.
- Mariner tickets purchased for next season, 2 seats
 - Will discuss following UWHA Grant how to allocate tickets (duty hour completion?)
- UWHA Spring Party to be held at the Woodland Park Zoo
- Sunlamp for the Crow's Nest
 - Working to obtain partial funding from GME

UWHA Grant, in memory of Dr. John Coombs

- 34 applications, 33 applicants this year! 10 Fellows and 23 Residents.
- Next December 2009 meeting, discussion of amongst grant review committee. Departmental representatives will NOT score any residents/fellow from their respective departments AND any applicant they may have a conflict of interest with.
- DEADLINE to submit scoring of UWHA grants will be 12/04/2009. Scoring criteria, blinded applications and catalyst survey will be sent to the grant review committee by the end of this week.
- UWHA executive committee will attempt seeking alumni and faculty donations to UWHA grant this year due to the high volume of applications, pending approval at the GMEC meeting on Thursday.

UWHA Dues

- \$10 annually automatically deducted via payroll
- Opt-out catalyst survey sent out by end of week

Biking Racks

Less of an issue with the opening of the pavilion bike racks.

Parking

Gabrielle Pett from GME continuing to work on this where meeting planned with HMC next week. Also working on getting a GME representative on the UW Parking and Transportation Department.

Please e-mail me if you have any questions, concerns or comments.

UWHA Executive Committee